

PAD DRIVE AND DONATION EVENT REPORT

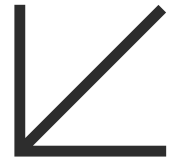


DATE OF REPORT: 5TH MAY 2026

AGENDA

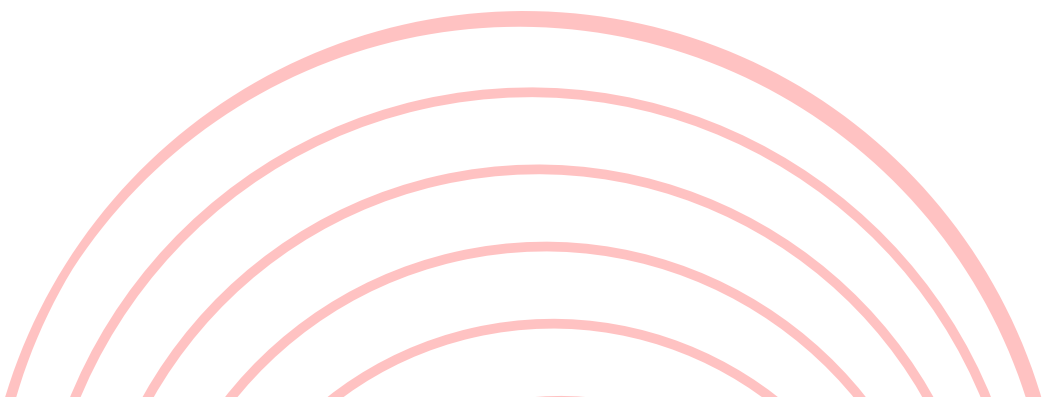
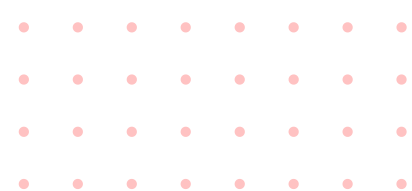
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01 EXECUTIVE SUMMARY

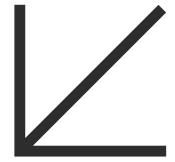


The pad drive ran from 20th March to 30th April 2026 and ended with a successful donation and awareness event at Muthurwa Comprehensive School. A total of 110 girls and 100 boys benefited from the initiative.

Participants received essential menstrual products and underwear along with education on puberty and menstrual hygiene. The program combined practical support with sessions aimed at reducing stigma and improving school attendance



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PROJECT OVERVIEW

The Pad drive ran for 6 weeks. It was conducted from 20th March and concluded on 30th April with a donation event at Muthurwa Comprehensive School. The initiative focused on addressing period poverty, improving menstrual hygiene awareness and promoting dignity among students

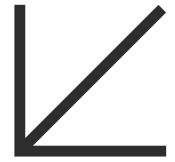
BACKGROUND

Muthurwa Comprehensive School serves children from predominantly low income families. Many girls face challenges in managing menstruation due to lack of access to sanitary products.

This often results in missed school days, use of unsafe alternatives and increased risk of infections.

Additionally, stigma and shame surrounding menstruation negatively affects the confidence, participation and overall well being of the girls.

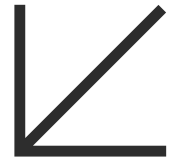
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EVENT EXECUTION

- **Introduction.** The guests and speakers for the day introduced themselves to build rapport and encourage participation throughout the event.
- **Puberty Education.** This was a session on puberty, focusing on physical and emotional changes, setting foundation for further discussions
- The students were then grouped for more focused engagement.
- **Menstrual Awareness for Boys.** Boys were educated on menstruation and menstrual products including demonstrations to promote understanding and reduce stigma. They also discussed their own body changes.
- **Menstrual Health Education for Girls.** The girls received guidance on menstruation, the menstrual cycle, hygiene practices and menstrual products to build knowledge and confidence. They also received a practical session on how to use and maintain reusable pads as a sustainable solution.

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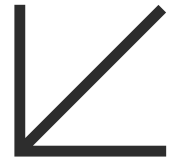
THE DONATIONS

A total of 97 reusable pad kits, 240 panties and 200 boxers, courtesy of Padmad and contributions from The Rotaract Club of Kenyatta University respectively ,were distributed.

- 97 girls from really low income backgrounds received reusable pad kits to provide a long term solution
- Each girl then received a pair of panties.
- Every boy received one pair of boxers to promote inclusion.
- The remaining items were handed over to the school administration to support emergency needs and to be distributed to those who were absent.

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OUR PARTNERS

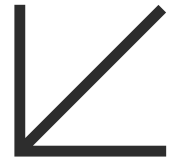


**HAJI BASHIR
AHMED
FOUNDATION**



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IMPACT & TESTIMONIALS



I am very thankful for the reusable pads you gave us. They will help our parents save money because they don't have to buy pads every month. Now we can focus on our studies.

~Tracy Venny~

Thank you for helping us and also teaching us about periods and pads. We have learned alot from you and we really appreciate your guidance.

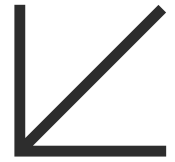
~ Claire~

Thank you so much for giving us pads. Now I don't have to worry and stress when my period is coming. Now I can come to school without fear. May you visit again.

~Gabriella~

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IMPACT & TESTIMONIALS



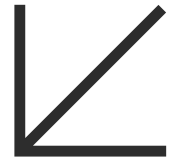
Thank you for supporting our girls.
The girls here tend to miss school
often due to accidents and
embarassment. We are hopeful that
your support will help them stay in
school and strive for their dreams.

~Tr Hellen - School Principal~

The sessions both girls and boys
was very engaging and helpful. We
are glad they now have the
knowledge to take of themselves
and each other better. We really
appreciate you for this. I cannot
wait to see the big impact you have
created.

~Tr Serah - Incharge of Health~

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ACKNOWLEDGEMENT

- We extend our heartfelt appreciation to our partner: Padmad, Haji Bashir Ahmed Foundation and ZR Consultants for their generous donations that enriched the experience for the students.
- We sincerely thank the school administration, teachers and students of Muthurwa for welcoming us, working with us and creating an environment that allowed the initiative to achieve its purpose
- To fellow Rotaractors, your dedication and teamwork brought this project to life. Your presence and effort on the ground made a real difference.
- We also appreciate our friends, supporters and well wishers whose contributions played a vital role in making this drive a success.

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PHOTOS



Rotaractors



The training on how to use reusable pad kits



The girls mentorship session



The girls after receiving the pad kits



The boys mentorship session



The distribution of panties



The distribution of boxers